



## **INTRODUCTORY CONFLICT COACHING WORKSHOP**

**Conflict coaching** is a specialized niche in the field of coaching and conflict management. It is a one-on-one technique, in which a trained coach assists people to effectively prevent or manage specific disputes and to enhance their conflict management skills. This process has wide application, in the organizational context and for coaching individuals to participate in mediation, negotiation and relational conflict.

### **Outcomes of the Introductory Conflict Coaching Workshop:**

The outcomes of this workshop are that participants will gain:

- the theory, principles and methods specific to the **CINERGY®** model of conflict coaching;
- an introduction to and basic working knowledge of conflict coaching using the **CINERGY®** model;
- an understanding of the types of skills required to provide conflict coaching;
- experience of the coaching model as a coach, 'client' and observer;
- knowledge of the applications of this technique; and
- suggested documents and information about the logistics of conflict coaching.

### **Methods Used in the Workshop:**

*Through self-reflection, skill-building exercises, discussion, simulations, demonstrations and skills practices, participants develop and practice conflict coaching techniques and skills.*

### **Participants:**

*The training will be of specific interest to coaches, HR Professionals, workplace and other mediators and other conflict management professionals, who want to learn the fundamentals of a model for coaching conflict.*

***This workshop has been approved for 28 hours of Continuing Coaching Education Units from the International Coach Federation (23 hours ICF Core Competencies; 1 hour Personal Development; 1 hour Business Development; and 3 hours Other Skills and Tools Directly Applicable to Coaching).***

***This workshop has also been approved for 8 hours of General Continuing Mediation Education Credits (Virginia).***



*This program has been approved for 27 recertification credit hours through the HR Certification Institute.*

For more information about certification or recertification, visit the HR Certification Institute homepage at [www.hrci.org](http://www.hrci.org).

\*The use of this seal is not an endorsement by HR Certification Institute of the quality of the program. It means that this program has met HR Certification Institute's criteria to be pre-approved for recertification credit.\*

**Dates:** September 27-30, 2010

**Location:** Holiday Inn Rosslyn  
1900 North Fort Myer Drive  
Arlington, Virginia

**Registration Deadline:** August 25, 2010

**Cost:** \$1,985.00 US per person

*NOTE: Following the Introductory Conflict Coaching Workshop, participants who completed the course will receive a free monthly newsletter from CINERGY® Coaching called "CINERGEMS" and will be able to participate in monthly teletalks conducted by CINERGY® Coaching.*

**To register and for further information on conflict coaching workshops including coordinating a workshop in your city or workplace, contact CINERGY® Coaching at:**

**Phone: 416-686-4247, Toll free: 1-866-335-6466, Email: [cinnie@cinergycoaching.com](mailto:cinnie@cinergycoaching.com)**

**CINERGY® Conflict Coaching = Peacebuilding, One Person at a Time**



**Cinnie Noble is a pioneer in the field of conflict coaching and the founder of the CINERGY® model of conflict management coaching, which is taught worldwide. She is a lawyer-mediator, former social worker and certified coach. For further information on CINERGY®, feel free to visit [www.cinergycoaching.com](http://www.cinergycoaching.com).**