



## Employee Benefits & Executive Compensation

### Health Care Reform Developments

July 1, 2010

***This is the fifth in a series of advisories we will issue on Health Care Reform.*** On June 22, 2010, the Department of Health and Human Services (HHS), in conjunction with the Internal Revenue Service and Department of Labor's Employee Benefits Security Administration (the "Agencies") issued interim final regulations implementing rules for group health plans and health insurance coverage in the group and individual markets pertaining to (1) [lifetime and annual dollar limits on benefits](#); (2) patient protections, including [emergency services](#) and [open access to healthcare professionals](#); (3) [prohibitions against rescissions](#); and (4) the progressive elimination of [preexisting condition exclusions](#). In addition, on June 28, 2010, the Department of Labor issued model notices required under these regulations. These topics are discussed in detail on our website. You may click [here](#) to read the article in full, or click on a topic to link directly to that portion of the discussion.

These rules are effective for plan years beginning on or after September 23, 2010. This e-alert summarizes the rules as they apply to group health plans and health insurance issuers. It does not address the application of the rules to individual health insurance coverage.

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**If you need any assistance or have any questions, please call [Evelyn Traub](#), [Edie Lindsay](#), or any other member of Troutman Sanders LLP's [Employee Benefits & Executive Compensation Practice Group](#).**